

DISCIPLINE RECORD
Academic year 2025/2026

1. Information about the program

University	Constanta Maritime University
Faculty	Navigation and Maritime Transport
Department	Management in Transport
Domain of study	Engineering and Management
Academic level	Master
Study programme/ qualification	Business Administration in Transport

2. Information about discipline

Course title	Volunteering				
Lecture tenured					
Application tenured					
Year of study	V	Semester	I	Type of examination	A/R
Conditions of discipline	Course category: DF – Fundamental subjects, DS – Specialization subjects, DC – Complementary subjects				DC
	Course type: DOB – compulsory subjects; DOP – elective subjects; DFA – optional subjects				DFA

3. The total time estimated

I a) Number of hours per week	1	Course		Seminar	1	Laboratory		Project	
I b) Total hours per semester from the curriculum	14	Course		Seminar	14	Laboratory		Project	

II Time distribution for the semester:	ore
II a) Study after manual, course support, bibliography and notes	
II b) Additional documentation in library, specialized electronic platforms	6
II c) Training seminars / labs, homework, essays, portfolios and essays	30
III Tutorial	
IV Examinations	2
V Other activities:	

Total hours of individual study II (a+b+c)	36
Total hours per semester (Ib+II+III+IV+V)	52
Number of credits	2

4. Prerequisites (if necessary)

Curriculum	•
Expected learning outcomes	•

5. Conditions (if necessary)

Progress of the course	<ul style="list-style-type: none"> Existence of a Protocol between Constanta Maritime University and the NGOs concerned The NGOs are developing projects in which UMC volunteers can be involved 	
Progress of application	Seminar	•
	Laboratory	•
	Project	•

6. Objectives of discipline (based on the grid of specific skills acquired – no7)

The overall objective of discipline	• To familiarise students with the role of volunteering and corporate volunteering in society and in the transport/logistics sector, and to develop the ability to design and
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	participate in volunteering projects that support community development, organisational reputation and personal/professional growth.
Specific objectives of the discipline	<p>At the end of the discipline, students will be able to:</p> <ul style="list-style-type: none"> • Define key concepts related to volunteering and corporate volunteering. • Explain the legal and institutional framework of volunteering at national and international level. • Analyse the role of volunteering in CSR policies of transport and logistics companies. • Design a simple volunteering project relevant to the transport/port sector and local community needs. • Reflect critically on the benefits and challenges of volunteering for individuals, organisations and society.

7. Expected learning outcomes:

No.	Knowledge	Skills	Responsibility and autonomy
1	The student has knowledge of project management methodologies.	The student applies modern economic and decision-making techniques.	The graduate initiates and manages projects with minimal supervision.
2	The student is knowledgeable about ethical principles in engineering management.	The student communicates technical information clearly to diverse audiences.	The graduate promotes ethical and social responsibility in professional practice.

8. Competences covered by the discipline, according to the diploma supplement

Professional competences	<ul style="list-style-type: none"> • Adapts to changing situations • Exercises results-oriented leadership towards colleagues • Ensure project management • Focuses on innovation in current practices
Transversal competences	<ul style="list-style-type: none"> • Seek innovation in current practices

9. Contents

Course	Nr. hours	Teaching methods	Obs.
•			
•			
•			
Bibliography			
•			
Selective bibliography			
•			

Application (Seminar / laboratory / project)	Nr. hours	Teaching methods	Obs.
• Case studies on volunteering	2	<ul style="list-style-type: none"> • Analysis of local/international volunteering projects • Group discussion on success factors and limits 	
• Mapping motivations and benefits	2	<ul style="list-style-type: none"> • Individual and group exercises on motivations • Short reflective texts on personal expectations 	
• Legal framework in practice (2h)	2	<ul style="list-style-type: none"> • Analysis of a volunteering agreement / NGO procedures • Role-play: organisation–volunteer relationship 	
• CSR and corporate volunteering in transport	2	<ul style="list-style-type: none"> • Case studies of transport/logistics companies 	

		<ul style="list-style-type: none"> Debate: why and how companies support volunteering 	
<ul style="list-style-type: none"> Designing a volunteering project 	2	<ul style="list-style-type: none"> Group work: objective, target group, activities, partners Short project outline 	
<ul style="list-style-type: none"> Impact indicators and simple evaluation tools 	2	<ul style="list-style-type: none"> Building a basic logic model (inputs–outputs–outcomes) Exercise: defining 3–5 indicators for a sample project 	
<ul style="list-style-type: none"> Presentation and reflection (2h) 	2	<ul style="list-style-type: none"> Group presentations of project proposals Feedback, lessons learned, link to future career plans 	
Bibliography			
<ul style="list-style-type: none"> National Council for Voluntary Organisations. (n.d.). <i>What is volunteering?</i> NCVO. https://www.ncvo.org.uk/help-and-guidance/involving-volunteers/understanding-volunteering/what-is-volunteering/ National Council for Voluntary Organisations. (n.d.). <i>Understanding volunteering.</i> NCVO. https://www.ncvo.org.uk/help-and-guidance/involving-volunteers/understanding-volunteering/ Volunteering Australia. (n.d.). <i>Definition of volunteering.</i> Volunteering Australia. https://www.volunteeringaustralia.org/resources/definition-of-volunteering/ Volunteering Victoria. (2019). <i>The principles of volunteering.</i> Volunteering Victoria. https://www.volunteeringvictoria.org.au/wp-content/uploads/2019/06/The-Principles-of-Volunteering-PDF.pdf Biddle, N., Boyer, C., Gray, M., & Jahromi, M. (2022). <i>Volunteering in Australia 2022: The volunteer perspective.</i> Volunteering Australia. https://volunteeringstrategy.org.au/wp-content/uploads/2022/10/Volunteering-in-Australia-2022-The-Volunteer-Perspective.pdf United Nations Volunteers. (2020). <i>Global synthesis report: Plan of action to integrate volunteering into the 2030 Agenda.</i> UN Volunteers. https://www.unv.org/publications/global-synthesis-report 			
Selective bibliography			
<ul style="list-style-type: none"> National Council for Voluntary Organisations. (n.d.). <i>What is volunteering?</i> NCVO. https://www.ncvo.org.uk/help-and-guidance/involving-volunteers/understanding-volunteering/what-is-volunteering/ 			
Seminar notes available on the platform campus.cmu-edu.eu			
<ul style="list-style-type: none"> 			
Additional Notes			
<ul style="list-style-type: none"> Students may take photographs or make audio-video recordings in classrooms where teaching activities are conducted only with the consent of the instructor and under the conditions established by the instructor. Upon entering the classroom, students are kindly requested to switch their mobile phones to silent mode and refrain from using them during classes. All materials received by students, either directly or through postings on the platform <i>campus.cmu-edu.eu</i>, are subject to national and international copyright legislation. These materials may be used by students solely for educational purposes. Any other use or posting on publicly accessible websites without the consent of the copyright holder may be punished in accordance with Law no. 8/1996 on copyright and related rights and the Berne Convention. 			

10. The corroboration of contents of discipline with expectations epistemic community representatives, professional associations and representative employers in the corresponding program

- The discipline's content is aligned with the epistemic community in business and transport, which emphasises social responsibility, stakeholder engagement and the role of organisations in community development. It reflects the priorities of professional associations in transport and logistics, which promote CSR, ethical behaviour and collaboration with civil society. At the same time, it responds to the expectations of representative employers (transport operators, logistics firms, port authorities) who value graduates with strong soft skills, teamwork and communication abilities, and openness to community initiatives and innovation through volunteering and corporate volunteering programmes.

11. Examination

Type of activity	Examination Criteria	Methods of examination	Percentage of final grade
Course			
Seminar	Participation and involvement in seminar activities.Short reflection tasks	Continuous assessment	50%

	Project (written volunteering project proposal + oral presentation)	Final assessment	50%
Laboratory			
Project			
Grading Requirements Minimum score required: 50 points: 50-54->nota 5; 55-64-> nota 6; 65-74-> nota 7; 75-84-> nota 8; 85-94-> nota 9; 95-100-> nota 10 Additional Notes <ul style="list-style-type: none"> • A midterm exam may be organized during the semester. • If a student participates in conferences (student, local, national, or international) or competitions (national or international) related to the subject of this course, they may receive additional points or equivalence for certain assignments, papers, and/or attendance, depending on the results obtained. • During written examinations, students are not allowed to use mobile phones or any other electronic devices, except for simple scientific calculators. 			
Minimum performance standards Minimum score required: 50 points for nota 5 Evaluation criteria: clarity of objectives, coherence, feasibility, link to transport/logistics field.			

Date of completion	Signature of lecture tenured	Signature of application tenured
24.09.2025		

Date of approval in the department	Signature of Director of Department
26.09.2025	Lecturer Ana Cornelia OLTEANU PhD

Date of approval in the faculty council	Signature of Dean
29.09.2025	Associated Professor Nicoleta ACOMI EngD