

**DISCIPLINE RECORD**  
**Academic year 2026/2027**

**1. Information about the program**

University	Constanta Maritime University
Faculty	Navigation and Maritime Transport
Department	Management in Transport
Domain of study	Engineering and Management
Academic level	Master
Study programme/ qualification	Business Administration in Transport

**2. Information about discipline**

Course title	Volunteering				
Lecture tenured					
Application tenured					
Year of study	VI	Semester	I	Type of examination	A/R
Conditions of discipline	Course category: DF – Fundamental subjects, DS – Specialization subjects, DC – Complementary subjects				DC
	Course type: DOB – compulsory subjects; DOP – elective subjects; DFA – optional subjects				DFA

**3. The total time estimated**

I a) Number of hours per week	1	Course		Seminar	1	Laboratory		Project	
I b) Total hours per semester from the curriculum	14	Course		Seminar	14	Laboratory		Project	

II Time distribution for the semester:	ore
II a) Study after manual, course support, bibliography and notes	
II b) Additional documentation in library, specialized electronic platforms	6
II c) Training seminars / labs, homework, essays, portfolios and essays	30
III Tutorial	
IV Examinations	2
V Other activities:	

Total hours of individual study II (a+b+c)	36
Total hours per semester (Ib+II+III+IV+V)	52
Number of credits	2

**4. Prerequisites (if necessary)**

Curriculum	•
Expected learning outcomes	•

**5. Conditions (if necessary)**

Progress of the course	<ul style="list-style-type: none"> <li>Existence of a Protocol between Constanta Maritime University and the NGOs concerned</li> <li>The NGOs are developing projects in which UMC volunteers can be involved</li> </ul>	
Progress of application	Seminar	•
	Laboratory	•
	Project	•

**6. Objectives of discipline** (based on the grid of specific skills acquired – no7)

The overall objective of discipline	<ul style="list-style-type: none"> <li>To develop students' capacity to critically analyse, measure and communicate the impact of volunteering and corporate volunteering, with focus on inequalities, SDGs and strategic integration in transport, logistics and port organisations.</li> </ul>
Specific objectives of the discipline	<p>By the end of the discipline, students will be able to:</p> <ul style="list-style-type: none"> <li>Explain main concepts and models for measuring the impact of volunteering.</li> <li>Analyse how volunteering relates to SDGs, gender equality and social/territorial inequalities.</li> <li>Interpret data and evidence from impact studies and evaluation reports on volunteering.</li> <li>Formulate indicators, simple evaluation frameworks and theories of change for volunteering projects in the transport/port sector.</li> <li>Prepare short analytical or policy-oriented documents on volunteering and corporate volunteering strategies for organisations.</li> </ul>

### 7. Expected learning outcomes:

No.	Knowledge	Skills	Responsibility and autonomy
1	The student understands techniques for financial risk assessment.	The student analyzes internal organizational processes.	The graduate independently proposes risk mitigation strategies.
2	The student comprehends organizational behavior and needs analysis.	The student builds and maintains effective business relationships.	The graduate identifies and reports previously undetected organizational needs.
3	The student has knowledge of project management methodologies.	The student applies modern economic and decision-making techniques.	The graduate initiates and manages projects with minimal supervision.
4	The student is knowledgeable about ethical principles in engineering management.	The student communicates technical information clearly to diverse audiences.	The graduate promotes ethical and social responsibility in professional practice.
5	The student masters techniques for data acquisition and processing.	The student evaluates business performance through financial indicators.	The graduate takes responsibility for continuous professional development.

### 8. Competences covered by the discipline, according to the diploma supplement

Professional competences	<ul style="list-style-type: none"> <li>Provides advice on efficiency improvements</li> <li>Analyzes external factors affecting companies</li> <li>Adapts to changing situations</li> <li>Exercises results-oriented leadership towards colleagues</li> <li>Ensure project management</li> <li>Focuses on innovation in current practices</li> </ul>
Transversal competences	<ul style="list-style-type: none"> <li>Create risk reports</li> <li>Seek innovation in current practices</li> <li>Propose ICT solutions to business problems</li> </ul>

### 9. Contents

Course	Nr. hours	Teaching methods	Obs.
•			
•			
•			
Bibliography			
•			
Selective bibliography			
•			

Application (Seminar / laboratory / project)	Nr. hours	Teaching methods	Obs.
<ul style="list-style-type: none"> <li>Analysis of impact reports</li> </ul>	2	<ul style="list-style-type: none"> <li>Working on real international/ national reports</li> <li>Identifying types of impact and methods used</li> </ul>	
<ul style="list-style-type: none"> <li>Building a simple theory of change</li> </ul>	2	<ul style="list-style-type: none"> <li>Group work for a volunteering project in transport/ports</li> <li>Inputs–activities–outputs–outcomes–impact</li> </ul>	
<ul style="list-style-type: none"> <li>Inequalities in volunteering – data workshop</li> </ul>	2	<ul style="list-style-type: none"> <li>Reading tables/figures from studies</li> <li>Short written interpretation exercises</li> </ul>	
<ul style="list-style-type: none"> <li>Corporate volunteering and ESG/CSR case studies</li> </ul>	2	<ul style="list-style-type: none"> <li>Examples from transport/logistics companies</li> <li>Discussion: value, limits, “greenwashing” risks</li> </ul>	
<ul style="list-style-type: none"> <li>Designing an impact and evaluation framework</li> </ul>	2	<ul style="list-style-type: none"> <li>Selecting indicators and data collection tools</li> <li>Drafting a basic evaluation matrix</li> </ul>	
<ul style="list-style-type: none"> <li>Policy / briefing note lab</li> </ul>	2	<ul style="list-style-type: none"> <li>Writing a 1–2 page brief with recommendations</li> <li>Peer feedback on clarity and relevance</li> </ul>	
<ul style="list-style-type: none"> <li>Final seminar – presentations and reflection</li> </ul>	2	<ul style="list-style-type: none"> <li>Presentation of briefs / mini-projects</li> <li>Lessons learned for future professional roles</li> </ul>	
<b>Bibliography</b>			
<ul style="list-style-type: none"> <li>United Nations Volunteers. (2020). <i>Global synthesis report: Plan of action to integrate volunteering into the 2030 Agenda</i>. UN Volunteers. <a href="https://www.unv.org/publications/global-synthesis-report">https://www.unv.org/publications/global-synthesis-report</a></li> <li>VSO International. (2022). <i>Volunteering together: Blended volunteering research (final report)</i>. VSO International. <a href="https://www.vsointernational.org/sites/default/files/2022-07/Final%20Report%20%28with%20Executive%20Summary%29_VSO%20Blended%20Volunteering%20Research%20%28March%202022_Final%20branded%29.pdf">https://www.vsointernational.org/sites/default/files/2022-07/Final%20Report%20%28with%20Executive%20Summary%29_VSO%20Blended%20Volunteering%20Research%20%28March%202022_Final%20branded%29.pdf</a></li> <li>International Labour Organization, &amp; United Nations Volunteers. (2025). <i>Volunteering, unpaid care work and gender equality: Global synthesis report</i>. ILO &amp; UNV. <a href="https://www.ilo.org/sites/default/files/2025-02/57956-UNV-ILO-Publication-FINAL-v3-WEB.pdf">https://www.ilo.org/sites/default/files/2025-02/57956-UNV-ILO-Publication-FINAL-v3-WEB.pdf</a></li> <li>United Nations Volunteers. (2022). <i>State of the world's volunteerism report 2022: Building equal and inclusive societies</i>. UN Volunteers. <a href="https://swvr2022.unv.org/wp-content/uploads/2022/04/UNV_SWVR_2022.pdf">https://swvr2022.unv.org/wp-content/uploads/2022/04/UNV_SWVR_2022.pdf</a></li> <li>Perold, H., et al. (2023). <i>Understanding inequalities in volunteering research and evidence</i>. International Forum for Volunteering in Development. <a href="https://forum-ids.org/wp-content/uploads/2023/09/Forum-Understanding-Inequalities-in-Volunteering-Research-and-Evidence.pdf">https://forum-ids.org/wp-content/uploads/2023/09/Forum-Understanding-Inequalities-in-Volunteering-Research-and-Evidence.pdf</a></li> <li>United Nations Volunteers. (2021). <i>From care to where? Understanding volunteerism in the Global South: A multi-country study on volunteering before, during and beyond COVID-19</i>. UN Volunteers. (Raport accesibil prin portalul UNV). <a href="https://www.unv.org">https://www.unv.org</a></li> </ul>			
<b>Selective bibliography</b>			
<ul style="list-style-type: none"> <li>United Nations Volunteers. (2020). <i>Global synthesis report: Plan of action to integrate volunteering into the 2030 Agenda</i>. UN Volunteers. <a href="https://www.unv.org/publications/global-synthesis-report">https://www.unv.org/publications/global-synthesis-report</a></li> </ul> Seminar notes available on the platform <a href="https://campus.cmu-edu.eu">campus.cmu-edu.eu</a>			
<b>Additional Notes</b>			
<ul style="list-style-type: none"> <li>Students may take photographs or make audio-video recordings in classrooms where teaching activities are conducted <b>only with the consent of the instructor</b> and <b>under the conditions established by the instructor</b>.</li> <li>Upon entering the classroom, students are kindly requested to <b>switch their mobile phones to silent mode</b> and <b>refrain from using them during classes</b>.</li> <li>All materials received by students, either directly or through postings on the platform <a href="https://campus.cmu-edu.eu">campus.cmu-edu.eu</a>, are subject to <b>national and international copyright legislation</b>. These materials may be used by students <b>solely for educational purposes</b>. Any other use or posting on publicly accessible websites without the consent of the copyright holder may be punished in accordance with <b>Law no. 8/1996 on copyright and related rights</b> and the <b>Berne Convention</b>.</li> </ul>			

**10. The corroboration of contents of discipline with expectations epistemic community representatives, professional associations and representative employers in the corresponding program**

The content of Volunteering III is aligned with the epistemic community in business, transport and social policy, which stresses evidence-based evaluation, impact measurement and inequality analysis in volunteering. It reflects the orientation of professional associations and CSR/ESG frameworks that require organisations to demonstrate and report the social value of their initiatives. At the same time, it responds to the expectations of representative employers (transport operators, logistics firms, port authorities) who need graduates capable of integrating volunteering into sustainability strategies, interpreting impact data, managing reputational and social risks, and communicating clearly with stakeholders about results and contributions to the SDGs.

**11. Examination**

Type of activity	Examination Criteria	Methods of examination	Percentage of final grade
Course			
Seminar	Attendance and active participation in seminars Short seminar tasks (impact analysis, data interpretation, drafts)	Continuous assessment	40%
	Individual written policy/analytical brief (or mini impact framework) related to volunteering / corporate volunteering in the transport/port sector, plus short oral presentation.	Final assessment	60%
Laboratory			
Project			

**Grading Requirements**

Minimum score required: **50 points: 50-54->nota 5; 55-64-> nota 6; 65-74-> nota 7; 75-84-> nota 8; 85-94-> nota 9; 95-100-> nota 10**

**Additional Notes**

- A **midterm exam** may be organized during the semester.
- If a student participates in **conferences** (student, local, national, or international) or **competitions** (national or international) related to the subject of this course, they may receive **additional points** or **equivalence for certain assignments, papers, and/or attendance**, depending on the results obtained.
- During written examinations, students are **not allowed to use mobile phones or any other electronic devices, except for simple scientific calculators**.

Minimum performance standards

50 points for nota 5

Criteria of evaluation: analytical rigour, use of evidence, clarity, feasibility of recommendations, link to field.

Date of completion	Signature of lecture tenured	Signature of application tenured
24.09.2025		

Date of approval in the department	Signature of Director of Department
26.09.2025	Lecturer Ana Cornelia OLTEANU PhD

Date of approval in the faculty council	Signature of Dean
29.09.2025	Associated Professor Nicoleta ACOMI EngD